January 17, 1752. THE Numb. 55.

VIRGINIA GAZETTE.

With the freshest Advices, Foreign and Domestick.

ENTERTAINMENT.

Otia si tollas periere Cupidinis arcus
Contemptæque jacent, & sine Luce Faces. Ovid.

MANY Writers of Eminence in Physick have laid out their Diligence upon the Consideration of those Distempers to which Men are more remarkably exposed by particular States of Life, and very learned Treatises have been produced upon the Maladies of the Camp, the Sea, and the Mines. There is, indeed, scarcely any Employment which a Man, accustomed to anatomical Enquiries, and medical Refinements, would not find Reasons for declining as dangerous to Health, did not his Learning and Experience inform him, that almost every Occupation, however formidable and threatening, is happier and safer than a Life of Sloth.

The Necessity of Action is not only demonstrable from the Fabrick of the Body, but evident from Observation on the universal Practice of Mankind, who for the Preservation of Health, in those, whose Rank or Wealth exempts them from the Necessity of lucrative Labour, have invented Sports and Diversions, though not of equal Use to the World with manual Trades, yet of equal Fatigue to those that practise them, and differing only from the Drudgery of the Husbandman or Manufacturer as they are the Acts of Choice, and therefore performed without the painful Sense of Compulsion. The Huntsman rising early, pursues his Game through all the Rugged and Obstructions of the Chace, fords Rivers, and scales Precipices, without Horse or Arms harder than the Soldier, and has, perhaps, sometimes incurred no less Hazard of Wounds or Death: Yet he has no Reward to excite his Ardour, he is neither subject to the Commands of a General, nor the Penalties of Neglect and Disobedience; nor has either Honour to expect from his Pains and his Dangers: He toils without the Hope either of gaining or with Garlands, and must content himself without any higher Rank than that of his Companions.

For such indeed is the Condition of Man, that Labour may be with true Justice filled its own Reward, nor will any other Encouragements be sufficient, if it be not voluntarily undertaken, and how much Misery is escaped by Persons, not inured to Exercises of the Body,

Life is the utmost that can be hoped from a sickening and mouldering Habitation, Ease, a neutral State between Pain and Pleasure, This Choice of Epicurus, the Boast of Virgil, the Ambition of Lucretius, and Business a Fatigue, are reserved for him alone, who has learned to value his Health, that keeps his Limbs pliant with Motion, and his Steps impetuous against the Frame against the Dominion Accidents of Cold and Heavy.

With Ease, however, if it could be secured, many would be satisfied; but nothing terrestrial can be kept at a Stand. Ease, if it is not rising into Pleasure, will be falling towards Pain, and whatever from the Dreams of Speculation may suggest of observing the Proportion between Indifference and Labour, and keeping the Body in a healthful Equipoise, readily equal to its Weight, we know, that in Effect the vital Powers, whether of Motion, grow gradually languid, and at their various Gait, Obstructions are generated, and that from Obstructions proceed mortal Pains that wear us away slowly with perpetual Tortures, and though they sometimes make Life to be long, condemn it to be painful, that drags the Sufferer on the Couch of Misery, and mocks us with the Hopes of Death.

Exercise, indeed, cannot secure us from that Dissolution to which we are hurried; but while the Soul and Body continue united, it can make the Association pleasing, and can give Probability to Hope that they shall be disjoined by an easy Separation. For as Principles answer the Attacks of Disease are more various, and chronical from Inactivity, the Dart of Death indeed falls from Heaven, but we point it by our own Misconduct; to die is the Fate of Man, but to die with lingering Anguish is generally his Folly.

It is indeed necessary to that Perfection of which our present State is capable, that the Mind and Body should both be improved; that neither the Faculties of the one for of the other be suffered to grow torpid for Want of Use; that neither Health be purchased by implicit Submission to Ignorance, nor Knowledge cultivated at the Expence of that Health, which must enable it either to give Pleasure to its Possessor or Assistance to others. It too frequently the Price of Studious to dispute those Amusements and Recreations which give to the rest of Mankind Strength of Limbs and Cheerfulness of Heart. Solitude and Contemplation are indeed seldom consistent with such Skill in gymnastick Exercises or Sports as is necessary to make them pleasing; such Delight in Motion Man is willing to do that of which the Necessity is not apparent, and reasonable, when he knows that his Advancements must be made by Gradations.

Ludere qui nescit, campestribus abstinet armis
Indocilis Pilæ, Discive, Trochive quiescit,
Ne Risum teneat, amissa Corona.

Thus the Man of Learning is often reduced, for Want of true Consideration, to Languor and to Pain, and applies the Productions of his Studies

he suffers the Weariness of Labour, is subject by his Course of Life to the Maladies of Idleness.

It was, perhaps, from the Observation of this great Danger in those who are employed about intellectual Objects, that *Locke* has, in his *Thoughts of Education*, so warmly urged the Necessity of a manual Trade to Men of all Ranks and Professions, that when the mind is wearied with intellectual Labours, it may be relaxed by a different Application to some mechanical Operation; and while the vital Functions are [illegible] by vigorous Motion, the Understanding may be [illegible] from that Vacuity, Languor and Dissipation by which it too often relieves itself after long Intenseness of Thought, unless some Amusement of the present Hour can engage Attention without Fatigue.

There is so little Reason for supposing any frequent Conformity to this Precept, that it is not necessary to enquire whether the Practice of mechanick Arts might not give Occasion to petty Emulation, and trivial Ambition; and whether, if our Divines and Physicians were taught the Lathe and the Chizzel, they might not [illegible] their Tools than their Books; as *Nero* neglected the Conduct of his Empire, for his Chariot and his Fiddle. It is certainly dangerous to [illegible] what is there which may not be perverted? But let us [illegible] how much worse Employment might have been found for those Hours, which a manual Occupation [illegible] with the Loss, and without the Reflection how often a Genius is diverted from his Studies, consider that [illegible] withheld from Debauchery, [illegible] from Envy, [illegible] from Malice, from Ambition, and from Vanity.

I have always admired the Wisdom of those by whom our Female Education was instituted, [illegible] whatever Condition should be [illegible] the Vacuities of recluse and [illegible] since the Weakness of their Sex and the [illegible] them from many Employments which [illegible] of Men, preserve them from being [illegible] Thoughts. I know not [illegible] World may be [illegible] the most powerful Passion [illegible] Slaughter that would [illegible] Understandings, turned [illegible] Rufianism than to sparkle and [illegible]

[illegible] Pens, Pencils, Colours, brushes with [illegible] of Miss's body as their Employment, [illegible] Virtue; and though I have [illegible] Embroidery, look upon them [illegible] their Governess, because [illegible] most dangerous Enemies [illegible] Idleness from them, [illegible] Tools of Pastime, [illegible] Gold and [illegible] be catched unemployed; and *Hercules* in the *Mind*, when he sees [illegible] overwhelmed with Terrour [illegible] Distaff.

It is [illegible] from Possession of the Mind [illegible] for the old [illegible] properly applied to the [illegible] of criminal rather, than [illegible] may date the Predominance [illegible] contaminate his Character [illegible] expelled him to this [illegible] either on himself or others, who does not know, that [illegible] vicious.

The CHOICE of Hercules.

(This Fable was composed by [illegible] his [illegible] Judges for upwards of two thousand Years, and is one of those Pieces, yet elegant Compositions that [illegible] Dress by every eminent [illegible] Simplicity of the Prose Original, heightened with all the Graces of Poetical Ornament.)

NOW had the Son of Jove attain'd
The joyful Bruise of Youth, and past
Steps into Life's mid Progress, and began
Where Passion leads, and Prudence points the Way,
In the pure Mind, and thoughtful, ambiguous Youth,
Or Vice, rank Weed, finds Room her pois'nous Root
Or haply Virtue's heavenly Bud appears
By just Degrees; fair Bloom of future Fruit:

For,

For, if on Virtue's dominant Thought imprest,
The fav'rite Purple still shall warm the manly Breast.

II.

As on a Day, reflecting on his Age,
For Infant Death, new-born, Alcides sought
Diffidence; Nurse of Counsel-wanting Rage,
Thought
[illegible]
[illegible]
[illegible]

Young, yet enervate; old, yet never wise;
Vice wakes their Vigour, and their Mind impairs.
Vain, idle, delicate, in thoughtless Ease,
Reserving Woes for Age, their Prime they spend;
All wretched, hopeless, in the evil Days,
With Sorrow to the Verge of Life they tend.
Griev'd with the Present; of the Past asham'd;
They live, and are despis'd: They die, nor more are mourn'd.

XXI.

But with the Gods, and God-like Men I dwell,
Me, his supreme Delight, th'Almighty Sire
Regards well-pleas'd: Whatever Works exceed,
All or Divine, or Human, I inspire.
Counsel with Strength, and Industry with Art,
Union meet conjoin'd, with me reside;
My Distates arm, inform, and mend the Heart;
The truest Policy, the wisest Guide.
Where true Friendship dwells: She deigns to bind
Those generous Souls in Love, whom I before have join'd.

XXII.

Not need my Friends this various costly Pomp;
Honour in them th' Effects of Art supplies;
Little to Rest,
Their Pillows soft by a soft Conscience down,
With Truth's pure Light a Life well-spent;
Some generous Deed distinguish every Day;

XXIII.

When the destin'd Time at length compleats,
Their Ashes rest in Peace; eternal Fame
Their Praise! Triumphant over Fate.
For ever lists their Names.
Hark, hark, it Happiness! They
Voice, and live. Lo thy celestial Birth
enlarge, thy Thoughts. Behold the Way
Fame; and raise them from Earth.
Lo, I guide thy Steps. Attend
glorious Path; and adore thy native Skies."

XXIV.

With kindling Fire exalting, and inspir'd
Vigour to his Soul; that sudden, caught
The ethereal Flame: With great Intent his Heart
Labours with exalted Thought;
The Mist of Error from his Eyes imparts,
All her fraudful Art to clearest Light
In her native Form he now beholds
All her train of Charms, then fleeting
Vanishing, and left their native Deformity.

XXV.

Not like the ruly Bloom in Youth's Dispute
Dissembled Locks; Rosy Health
Cheeks; pale Sickness clouds her Eyes
Nor Paint, nor Patches
That which adorn'd
Arch, with gaudy Painters gay
While yet we gaze,
From our Wonder
Where shake the brightest
Seem the low-hung Clouds
Nor Virtue more engaging all the while
Saw Charms; more lovely, more fresco
Sweet Influence. A milder Smile
The flowers of her fair Mien.
Lead, Goddess! I am fixed; transported
O propitious Pow'r, thy Way
I publish my Guide; be thou my Guide!
Pow'r, O never, never let me stray!
From thee, the Fonts of Virtue
Of the Gentile Gifts, streams
Source!

XXVI.

The heavenly Maid, with strength divine endues
The strong Soul; there all her Powers combines;
Firm Constancy, undaunted Fortitude,
Wisdom, Patience, sound
Counsel in Time, Temperance
Joy a hardy Band and bold Emprize.
Firm, Lovely Manhood, rise! let your wish Aid;
Crown'd with eternal Youth following the Gods y Call.

Extract from the GENTLEMAN'S MAGAZINE.

Mr. URBAN,

As the *Gentleman's Magazine* is the proper and full Vehicle for the Communication of [illegible] Literary Society, I make a Place in it for the following Instance of [illegible] exhibited by extensive Study, that may be any guard against [illegible] which, with strength of every Step, and Allegation [illegible] Poverty, Shame, and Disease.

J. B.

AT a Place called [illegible], in *Essex*, which [illegible] one *John Mansfield*, a Man [illegible] but has yet some share of Understanding, is of a strong and robust Make, and has not any natural Defect in his Form, or Limbs [illegible] Boys, and the Holidays [illegible]

diligence of his Parents; his Temper grew fullen and morose, and at length he took to flying upon a low Seat almost double, from which neither Threats nor Perfuafions could raife him for any of the ordinary Offices of Life. In Time his Knees and Elbows bearing on the Floor, he quitted his Seat, and hath lain in this grovelling Poſture upwards of Twelve Years, as he muſt ſtrive the Remainder of his days to [illegible] for I endeavoured to draw his Legs out, but found it impoſſible, his Sinews and Muſcles having ſhrunk, and become rigid, and inflexibly fixed. It was with the greateſt difficulty I could raiſe him from his Poſture, and then only by ſtanding behind him, and putting my Arms under his Armpits, and bringing his Head between my Legs, and ſo lifting him up. His Arms had been bound down to his Sides for ſo many Years, that [illegible] Force he became ſenſible of, and called out, that he could not lift it in his Hand, when the Bandage was removed. The Father of *Mansfield* is [illegible] by the Pariſh as a [illegible] Member of Society, who [illegible] the Laws of a Chriſtian Country. When he was told, it belonged to a Pariſh, and not to his Father, he ſeemed [illegible] out of which he repeatedly threatned it, not much unlike a Child.

[illegible]

THE [illegible] Remarkable Inſtance of Human [illegible] in the *Magazine* for *April*, and Mr. *Gifford's* Letter in your laſt, have induced me to ſend you an Account of the Death of a perſon, compoſed Sweater; which it is hoped will deter others from that [illegible] and bite as [illegible] the Puniſhment [illegible] ſhall for what Reaſons [illegible]

[illegible] having [illegible] another Direction. [illegible] Perſon [illegible] by, who [illegible] ſhe before to [illegible] Dog [illegible]

[illegible] Sweating Apoplexy [illegible] Death, [illegible] have [illegible] ſaid, and of [illegible] ſhe [illegible] Sin, yet it is agreeable [illegible] Vindication of Providence, and the [illegible] among ſo many Sinners here, that [illegible] ſhould begin to think, that there is no God, or no Juſtice [illegible]

But, being aſhamed the Impiety of common Swearers, and [illegible] would think, ſhould be ſufficient to [illegible] Perſons, we [illegible] guard us by Inducements

Antigo, June 7. 1752.

Pembroke, Sept. 1. The Number of Troops that are [illegible] this Province, that are ready to [illegible] according to a Liſt lately [illegible] of which are Foot, and [illegible] the Militia of the County [illegible] Militia [illegible] of the Troops [illegible] from old Soldiers.

[illegible] A great Number of People [illegible] Day [illegible] Hall of the Public [illegible] Phyſicians [illegible] Conſideration on this Subject, and [illegible] Quakers [illegible] for [illegible] the Appearance of Sickneſs [illegible]

[illegible] Accounts [illegible] Cry and [illegible] other Parts [illegible] vernment [illegible] of [illegible] public [illegible] Conſtruction of the [illegible]

WHEREAS I am informed, that some Time the latter End of last [illegible]

A [illegible] Plantation of [illegible] in Prince [illegible] County, on James River, containing [illegible]

Mill, and another Plantation [illegible]

[illegible] Acres, both [illegible]

[illegible]

To be SOLD [illegible]

[illegible]

[illegible]

[illegible]

Price Two Shillings each Week after.